

Fort Worth Fly Fishers

March 2019 Fly of the Month

AP's Golden Stonefly

The March 2019 fly of the month is Adam Pennington's Golden Stonefly. Adam is a professional fly fishing guide. He has guided in Southern Missouri, Idaho, and many other places. Adam also has a fly shop. You can check his flies out on <http://catchadam.wordpress.com/>

Materials:

- **Hook:** Daiichi 1720 size 10 or other 3x1 hook
- **Head:** Nymph Head Evolution Tungsten stonefly bead (gold) made by Flymen Fishing Co.
- **Rib:** medium wire black or gold
- **Body:** all-purpose black dubbing
- **Thorax:** Thin Skin (mottled brown)
- **Thread:** Danville's 210 denier (black)
- **Legs:** Montana Fly Co. Sexi-Floss (yellow)
- **Tail:** gold or yellow goose biots

Step 1. Put the Tungsten stonefly bead on hook and place on vise.



Step 2. Start your thread using a jam knot behind the bead and lay nice, even wraps halfway down the bend. Bring the thread back to the head and tie in medium wire. With the wire lying on the shank, wrap with thread down the shank all the way back to the bend. (This helps build a body taper.)



Step 3. Leave the wire tag end hanging. Spin the dubbing onto your thread using thumb and forefinger or use a dubbing loop if you prefer. Wrap dubbing forward on the shank, leaving about a 1/4 inch from the bead.

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Step 4. Tie in goose biots, far side first, pointing back. You want the biot tip to extend past the end of the hook about 1/4 inch. Repeat for the near side. Then secure a third biot on top to create the dorsal portion of the fly.



Step 5. Wrap the wire forward to secure the biots. Skip all the biots on the first wrap, capture them all on the second wrap, and continue forward making equal segments. Once you reach the end of the dubbing tie off and trim the wire. Trim the third biot as shown



Step 6. Tie an overhand knot in your Sexi-Floss near the end of a strand of floss. That creates the jointed back leg for the far side. Tie the floss in and trim as pictured to make the rear and middle legs. Repeat on the near side.

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Step 7. Create a dubbing string and wrap it in front of the middle legs. Now cut an inch-long, ¼-inch wide strip of Thin Skin. Place it covering the front legs with the tag end facing forward, and tie it in. Then fold it back, tie in in again, and trim at about the back legs. Add more dubbing up to the head and secure the head.



Step 8. Tie in another section of Sexi-Floss to create the two front legs. Figure 8 the Sexi-Floss to create two equal-length legs on either side of the fly. This should give you six total legs for the fly

Step 9. Dub the rest of the body up to the bead. and at the head tie in another strip of Thin Skin for the final body segment. Whip finish and trim the Thin Skin to an appropriate size.

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You can also check out Adam's video on YouTube:

<https://www.youtube.com/watch?v=1xqlkzRDVDk&t=239s>

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