



Roll Over Mysis Shrimp -- Gary LaFontaine

The Mysis Shrimp is found in many tailwaters as an overflow from reservoirs during high discharge conditions. Northern fishermen use this fly a lot. My consultants and I think this pattern holds promise, locally, for sand bass runs and there is a lot of information about this fly, in its many versions, used to catch sea trout fly on the coast. There are many mysis patterns on the internet, many using translucent materials. This one is fairly simple. Pattern instructions and the photocopied picture is from *LaFontaine's Legacy*, written by al and Gretchen Beatty. A book that should be in all our fly pattern libraries.

Hook: Size 10 to 16 3X long

Thread: White

Weight: Non-lead wire (strip will sit on top of hook)

Tail: White Hackle fibers

Body: White maribou

Eye: Melted mono (or plastic or bead chain eyes)

Head: White maribou dubbing

Pinch wrap and wrap thread and leave a 3-4" tag off the end of the fly (at back—will be used as rib). Tie a strand of non-lead wire to reach from eye to end of hook shank (just before hook turns down). Line up hackle fiber tips and tie on back of hook. (wrap thread over top of fibers to the front if you wish). Form a dubbing loop and wax one side of the loop with dubbing wax or chapstick. Clip fuzzy fibers from base of maribou (now you know why not to throw away those maribou stems!). Place fibers against the waxy side of the dubbing loop and close and twist into a chenille form using dubbing loop tool. Wrap dubbing loop (chenille maribou) forward. Stroke fibers back after every turn. The marabou chenille will be very bushy. Tie off about 3/16 back from hook eye (whip finish and trim thread from the hook. (not done yet). Trim the bushy maribou chenille with scissors until it is shaped like the picture. Tie thread back on front of hook. Counter wrap tag end of thread from back of hook and tie off and clip at front. Tie in mono (or beadchain) eyes using figure 8 wraps. Wax thread and place some of the clipped maribou fibers and dub on head of fly (you didn't already discard those cuttings from the trimming of the fly did you?). Whip finish and add a drop of head cement or super glue to complete the fly.